



Implications of the Concussion Awareness Act: **The School Nurse's Role**

- ✓ LB 260
- ✓ Information for student & parents
- ✓ More on school responsibility
- ✓ Post-Concussion Management
- ✓ Post-Concussion Symptoms
- ✓ Other Physical Symptoms
- ✓ Emotional & Cognitive Symptoms
- ✓ Changes noted
- ✓ Role of the School Nurse
- ✓ Need for Rest
- ✓ Transition Time
- ✓ Physical Rest at School
- ✓ Physical Rest at Home
- ✓ Information for School Staff
- ✓ Cognitive Rest at Home
- ✓ Medication
- ✓ ABC's of Concussion Management

References:

- Duff, M. C. (2009, July). Management of Sports Related Concussion in Children and Adults. The ASHA Leader , 10-13; retrieved 7/12/2012 <http://www.asha.org/Publications/leader/2009/090714/f090714a.htm>
- Lee, Michael A., M.D, & Fine, Benjamin, PhD; (March 2010). Adolescent Concussions; Connecticut Medicine; retrieved 7/12/2012 <http://concussionspecialistsct.com/test/wp-content/uploads/2012/05/leefine.pdf>
- Mayo Clinic Staff; (Sept. 29, 2011) Post-concussion Syndrome; retrieved 7/11/2012 <http://www.mayoclinic.com/health/post-concussion-syndrome/DS01020>
- Nebraska Revised §79-9101, LB260 – The Concussion Awareness Act; Retrieved 7/11/2012 http://nebraskalegislature.gov/laws/search_keyword.php?keyword=concussion+ awareness+ act&search_by=
- U.S. Department of Health & Human Services, CDC; Heads Up to Schools: Know Your ABC's – A Tip Sheet for School Nurses; July 2012; retrieved 8/14/2012 http://www.cdc.gov/concussion/pdf/TBI_factsheet_NURSE-508-a.pdf

Websites for information about Concussions:

DHHS Concussion Homepage

<http://dhhs.ne.gov/publichealth/concussion/Pages/Home.aspx>

DHHS Approved Training

<http://dhhs.ne.gov/publichealth/concussion/Pages/Training.aspx>

LB260 & Frequently Asked Questions

<http://dhhs.ne.gov/publichealth/concussion/Pages/LB620.aspx>

Fact Sheets for Coaches, Parents, Students, **School Nurses**, Teachers, Counselors, School Professionals and booklet for Physicians

<http://dhhs.ne.gov/publichealth/concussion/Pages/FactSheets.aspx>

Videos on Concussions <http://dhhs.ne.gov/publichealth/concussion/Pages/Videos.aspx>

Resources <http://dhhs.ne.gov/publichealth/concussion/Pages/Resources.aspx>

Concussion Signs & Symptoms Checklist

<http://dhhs.ne.gov/publichealth/Documents/Chapter-3.pdf>

Concussion Symptoms poster

http://www.cdc.gov/concussion/pdf/TBI_schools_poster_508-a.pdf